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## CARDIOVASCULAR FLASHLIGHT

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### Severe right bivalvular carcinoid heart disease

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A 65-year-old man with a 1-year clinical history of recurrent flush and diarrhoea was admitted to our hospital for severe right-sided heart failure. Abdominal computed tomography scan showed carcinoid tumour originating from gut with hepatic metastases. Chemotherapy with octreotid and arterial chemo-embolization of the hepatic metastases was initiated. Transthoracic echocardiography revealed severe tricuspid and pulmonary valve regurgitation with dilation of the right heart chambers (Figure 1A–E). Together with the history and the thickened, retracted, and immobile leaflets, this was suggestive of carcinoid heart disease. Velocity-encoded cardiac-magnetic resonance imaging confirmed the severity of pulmonary [Figure 2A–F; regurgitant fraction (RF) = 45%] and tricuspid valve regurgitations (Figure 3A–F). Tricuspid regurgitant volume was calculated as the difference of the net pulmonary forward volume and the tricuspid inflow in diastole as well as direct quantification of flow at the tricuspid annulus (illustrated here) with similar results (RF calculated at 58 and 57%, respectively). The patient underwent successful cardiac surgery with placement of bioprosthetic valves, less prone to thrombotic and haemorrhagic complications in this situation. The operative settings showed pathological findings suggestive of carcinoid heart disease (Figure 4) with thickened and retracted leaflets (black arrow) and chordae (white arrow) confirmed by histology revealing valvular fibrosis and no inflammatory changes. Early post-operative follow-up showed substantial clinical improvement of right-sided heart failure.

Carcinoid heart disease is a rare cause of intrinsic tricuspid and pulmonary valve disease and leads to important morbidity and mortality caused by right-sided heart failure. Medical and in appropriate cases surgical treatment can improve quality of life and in some cases survival. This case illustrates the importance of quantification of valve regurgitations, especially in the pulmonary position, as pre-operative strategy for optimal clinical decision-making in carcinoid heart disease.

